

# FRIDAY 5<sup>TH</sup> JULY 2024

## EASTBOURNE DAY TRIP

Pick up 8.45am @ Centre 187 Grange Road Plaistow London E13 0HA.

**Join us for a day at the lovely**

***'Elegant Eastbourne - the Empress of Watering Places'***



Eastbourne is bursting with so many things to see and do. With more than 3 miles of vast shingle beaches offering sand, and in some cases rock pooling opportunities, at low tide. Aswell as the beach, shopping & ice-cream! Maybe visit the famous Carpet Gardens with its vibrant floral displays & fountains which are the centrepiece of Eastbourne's Promenade or Sovereign Harbour - one of the largest in Europe for:

- Fisherman's Quay for the catch of the day.
- Boat trips to Beachy Head lighthouse and more.
- Columbus Point, a 310 metres long anchor-shaped water feature consisting of channels, cascades and fountains, crossed by pedestrian bridges.



**Reserve your seat NOW! Call 0207 511 6444 or 07396 016523**

Part funded by Aspers Good Causes Fund and Romford Royal Mail Carers.



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