

**#5kTeamDIBC – Saturday 15th June 2019**

A fantastic day at the Queen Elizabeth Park Stratford – 5k Walk, Cycle or Run.



**WALKERS AND CYCLISTS**



**CONGRATULATIONS TO EVERYBODY  
FOR COMPLETING THE #5kTeamDIBC**



**WALKER**



**RUNNER!**

**The Drop-In Bereavement Centre, 187 Grange Road, Plaistow, London E13 0HA**

📞 0207 511 6444 ✉ [dropinbereavement@btinternet.com](mailto:dropinbereavement@btinternet.com)

🌐 [thedropinbereavementcentre.co.uk](http://thedropinbereavementcentre.co.uk) Registered charity number. 1161526